

The Criteria To Mentor



I don't know if I can.

*I don't know if I'm good
enough.*

I don't know if I want to.

I don't know if I can.

A blue-toned illustration depicting Paul writing to Timothy in prison. Paul, an older man with a beard and long hair, is seated on the right, wearing a heavy, textured robe and sandals. He is chained to a stone wall with a thick metal chain around his right ankle. He is leaning forward, writing on a scroll with a quill pen. Timothy, a younger man, is seated on the left, also wearing a heavy robe. He is looking down at the scroll, which Paul is holding open. The background shows a stone wall with a window and some straw or hay on the floor. The overall scene is one of quiet, focused activity in a confined space.

2 Timothy 2:1

You then, my child, be strengthened
by the grace that is in Christ Jesus,

I don't know if I can.

God's grace will empower you.

1 Timothy 4:12

Let no one despise you for your youth,
but set the believers an example in
speech,
in conduct, in love, in faith, in purity.



MOSES

Exodus 4:10

Moses said to the Lord,
“Pardon your servant, Lord. I have never been eloquent, neither in the past nor since you have spoken to your servant. I am slow of speech and tongue.”

GIDEON

Judges 6:15

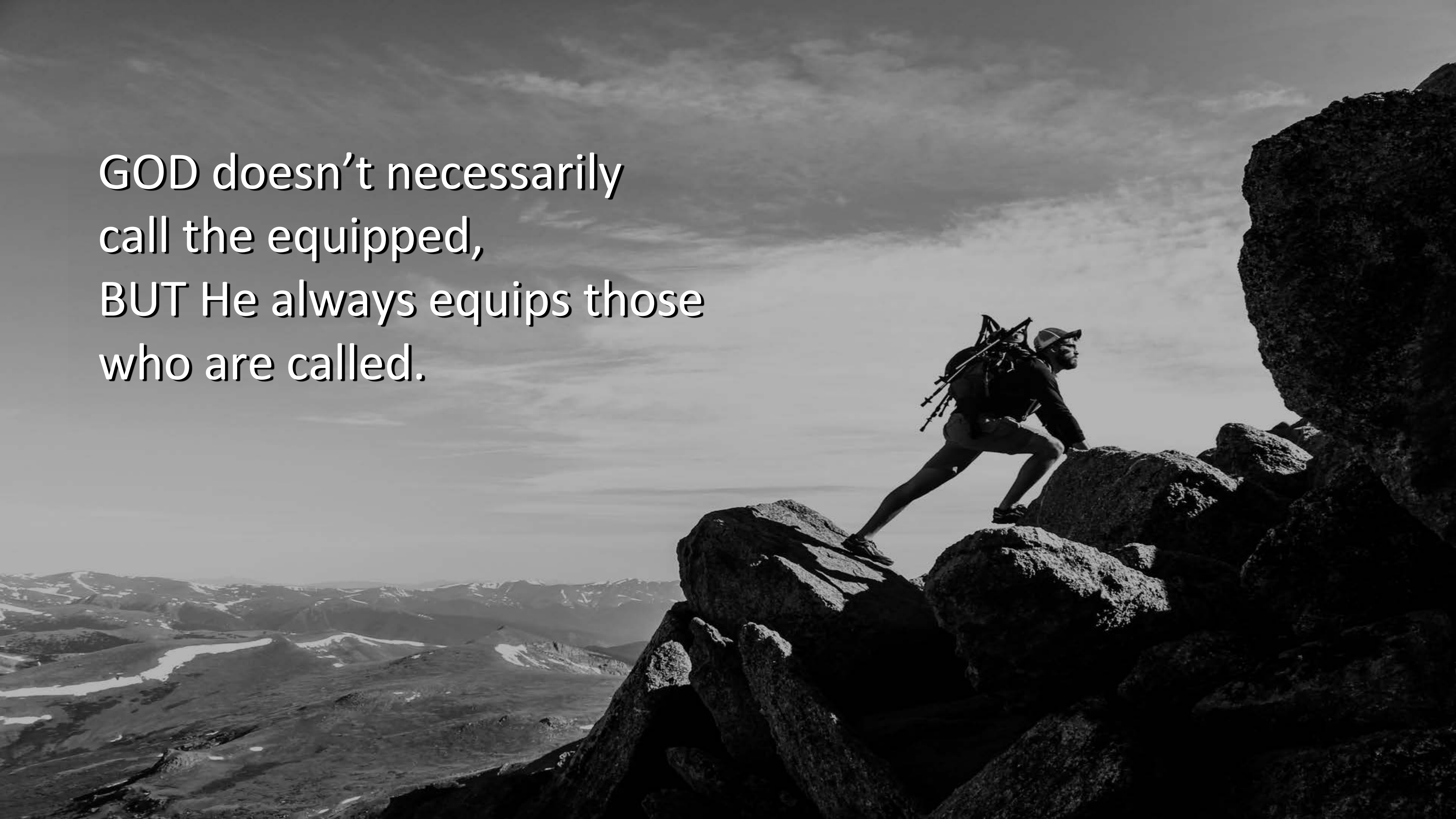
Pardon me, my lord,” Gideon replied, “But how can I save Israel? My clan is the weakest in Manasseh, and I am the least in my family.”



I don't know if I can.

God's grace will empower you.

GOD doesn't necessarily
call the equipped,
BUT He always equips those
who are called.



Ephesians 1:18-20

I pray that the eyes of your heart may be enlightened in order that you may know the hope to which He has called you, the riches of His glorious inheritance in His holy people, and **His incomparably great power for us who believe. That power is the same as the mighty strength He exerted when He raised Christ from the dead and seated Him at His right hand in the heavenly realms**

1 Peter 4:10-11

Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms. If anyone speaks, they should do so as one who speaks the very words of God. If anyone serves, they should do so with the strength God provides, so that in all things God may be praised through Jesus Christ.

I don't know if I can.

God's grace will empower you.

*I don't know if I'm good
enough.*

A blue-toned illustration depicting Paul writing to Timothy in prison. Paul, an older man with a beard and curly hair, is seated on the right, wearing a long robe and sandals. He is writing on a scroll with a quill pen. Timothy, a younger man, is seated on the left, also in a long robe, looking down at the scroll. Paul's hands are bound with chains, and his feet are also bound. The background shows a stone wall and some straw on the floor.

2 Timothy 2:1

You then, my child, be strengthened
by the grace that is in Christ Jesus,

I don't know if I'm good enough.

God's grace will envelope you.

The Heroes of Faith
Hebrews 11



1 Timothy 1:15-16

Here is a trustworthy saying that deserves full acceptance:

Christ Jesus came into the world to save sinners—of whom I am the worst.

But for that very reason I was shown mercy so that in me, the worst of sinners, Christ Jesus might display His immense patience as an example for those who would believe in Him and receive eternal life.

Romans 5:20

But where sin increased, grace increased all the more

Romans 6:1-2

What shall we say, then?

Shall we go on sinning so that grace may increase? By no means!

We are those who have died to sin; how can we live in it any longer?

I don't know if I can.

God's grace will empower you.

I don't know if I'm good enough.

God's grace will envelope you.

I don't know if I want to.

I don't know if I want to.

God's grace will compel you.

Matthew 10:8

Heal the sick, raise the dead, cleanse the lepers, cast out demons.

Freely you received, freely give.

Acts 20:35

In everything I did, I showed you that by this kind of hard work we must help the weak, remembering the words the Lord Jesus Himself said: “It is more blessed to give than to receive.”

The image shows a square calligraphy piece with rounded corners. The background is black, and the characters are written in a vibrant gold color. The characters are '孝' (Xiao) and '行' (Xing), which together mean 'filial piety' or 'virtuous conduct'. The style is a cursive script (caoshu), with fluid, interconnected strokes. The '孝' character is on the left and the '行' character is on the right, both oriented vertically.

If you want happiness for an hour, take a nap.

If you want happiness for a day, go fishing.

If you want happiness for a year, inherit a fortune.

If you want happiness for a lifetime, help somebody.



Sherrie Bourg Carter
Psy.D.

High Octane Women

ALTRUISM

Helper's High: The Benefits (and Risks) of Altruism

Good deeds can relieve stress and help you live longer

Posted September 4, 2014



Altruism is most commonly thought of as a selfless act that benefits the recipient. However, the science behind good deeds suggests that altruism isn't entirely selfless. In fact, some research suggests that helpers may gain more from their altruistic acts than recipients.

Hebrews 6:10

God is not unjust; He will not forget your work and the love you have shown Him as you have helped His people and continue to help them.

Mark 10:28-30

Then Peter spoke up, “We have left everything to follow You!” “Truly I tell you,” Jesus replied, “no one who has left home or brothers or sisters or mother or father or children or fields for Me and the gospel will fail to receive a hundred times as much in this present age: homes, brothers, sisters, mothers, children and fields—along with persecutions—and in the age to come, eternal life.”



*"We are healed to help others.
We are blessed to be a blessing.
We are saved to serve,
not to sit around and wait for
heaven"*
Rick Warren

The Criteria To Mentor

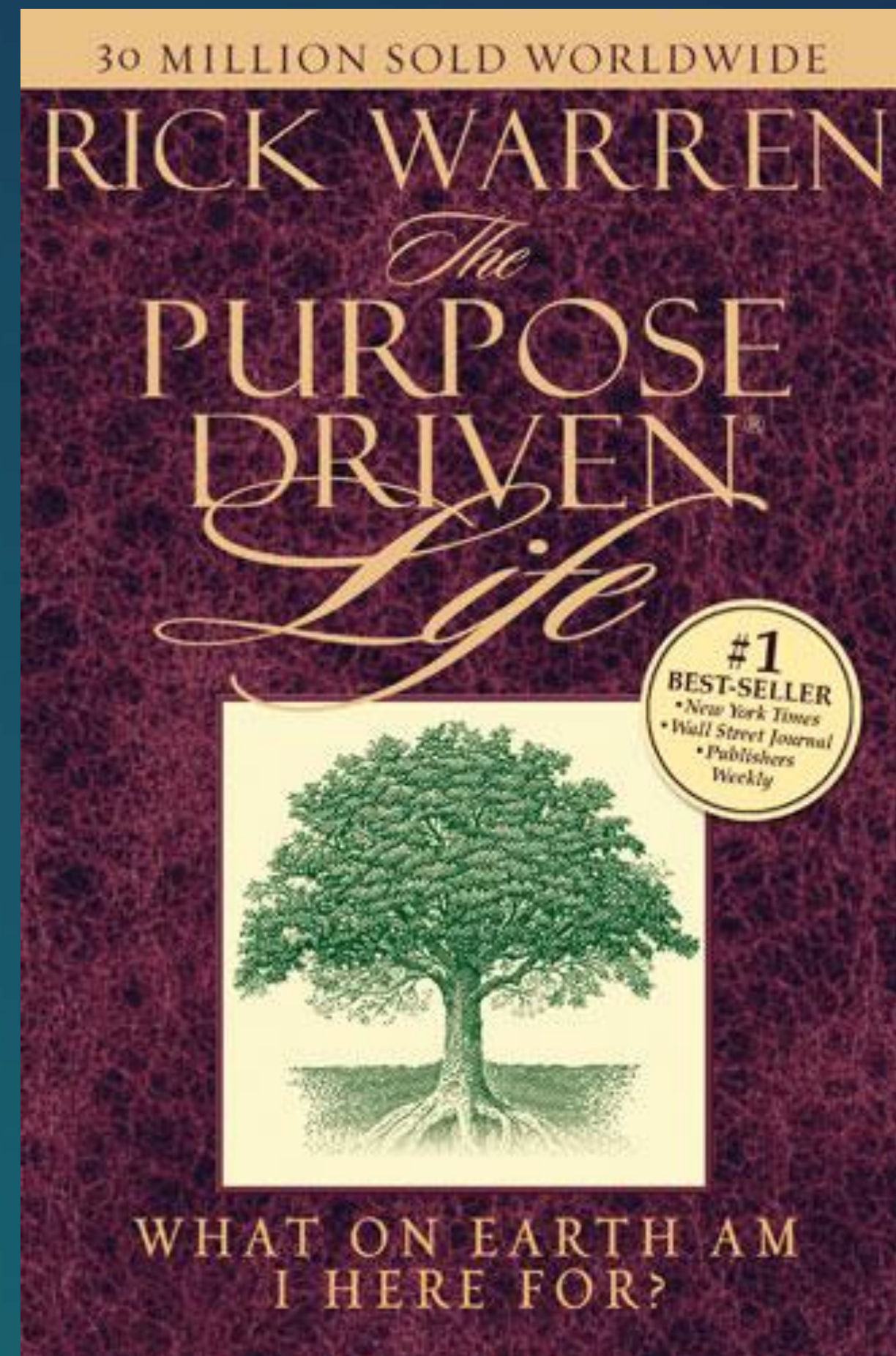
The Criteria To Mentor

A life surrendered to God
is a life strengthened by God.

2 Timothy 2:1

2 Corinthians 12:9

My grace is sufficient for you, for my power is made perfect in weakness. Therefore I will boast all the more gladly about my weaknesses,
so that Christ's power may rest on me.



“Nothing is more powerful than a surrendered life in the hands of God.”

Rick Warren

Your greatness is not measured
by how much you are able to gain in life,
but by how much you are able to give.

A life surrendered to God, is a life strengthened by
God.

The Criteria To Mentor

When I don't know if I can, God's grace will empower me.

When I don't know if I'm good enough, God's grace will envelope me.

When I don't know if I want to, God's grace will compel me.