

Bethesda  
Care Services



# HISTORY

**Bethesda Care Services (BCS) formerly known as Bethesda Care and Counselling Services Centre (BCCSC), was started in 1996.**

The late **Dr. Matthias Quake** who was then the lead Elder of BBTC mooted the idea of a community service arm of BBTC, demonstrating God's love through serving the community of Bedok and Tampines.



# TIMELINE

1997

## First steps

Youth Services was established focusing on reaching out to various groups of youth in the community, the mainstream, youths on the fringe and delinquents.

Students  
Sunshine  
staff



A van was  
Council  
December

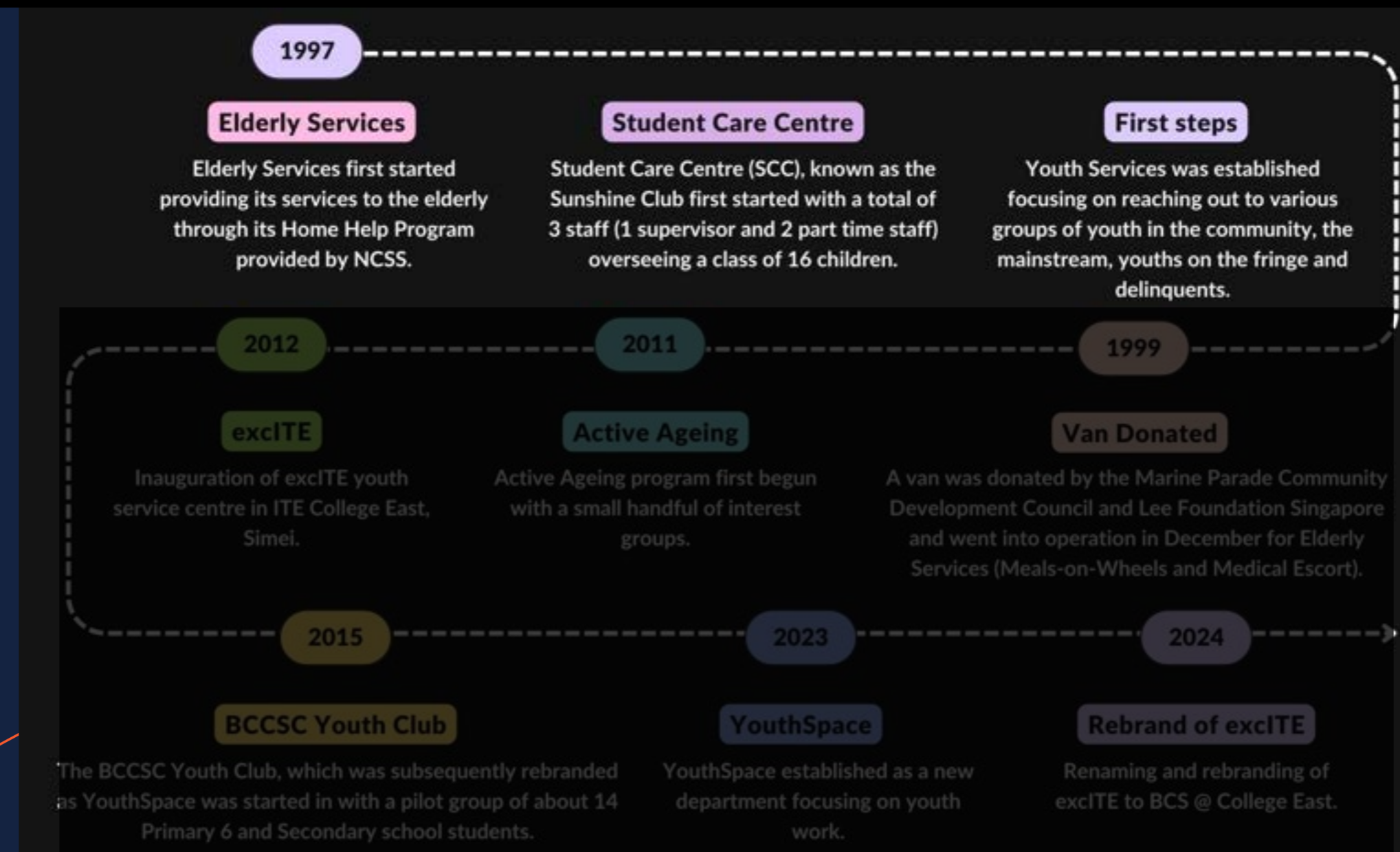


service  
time.

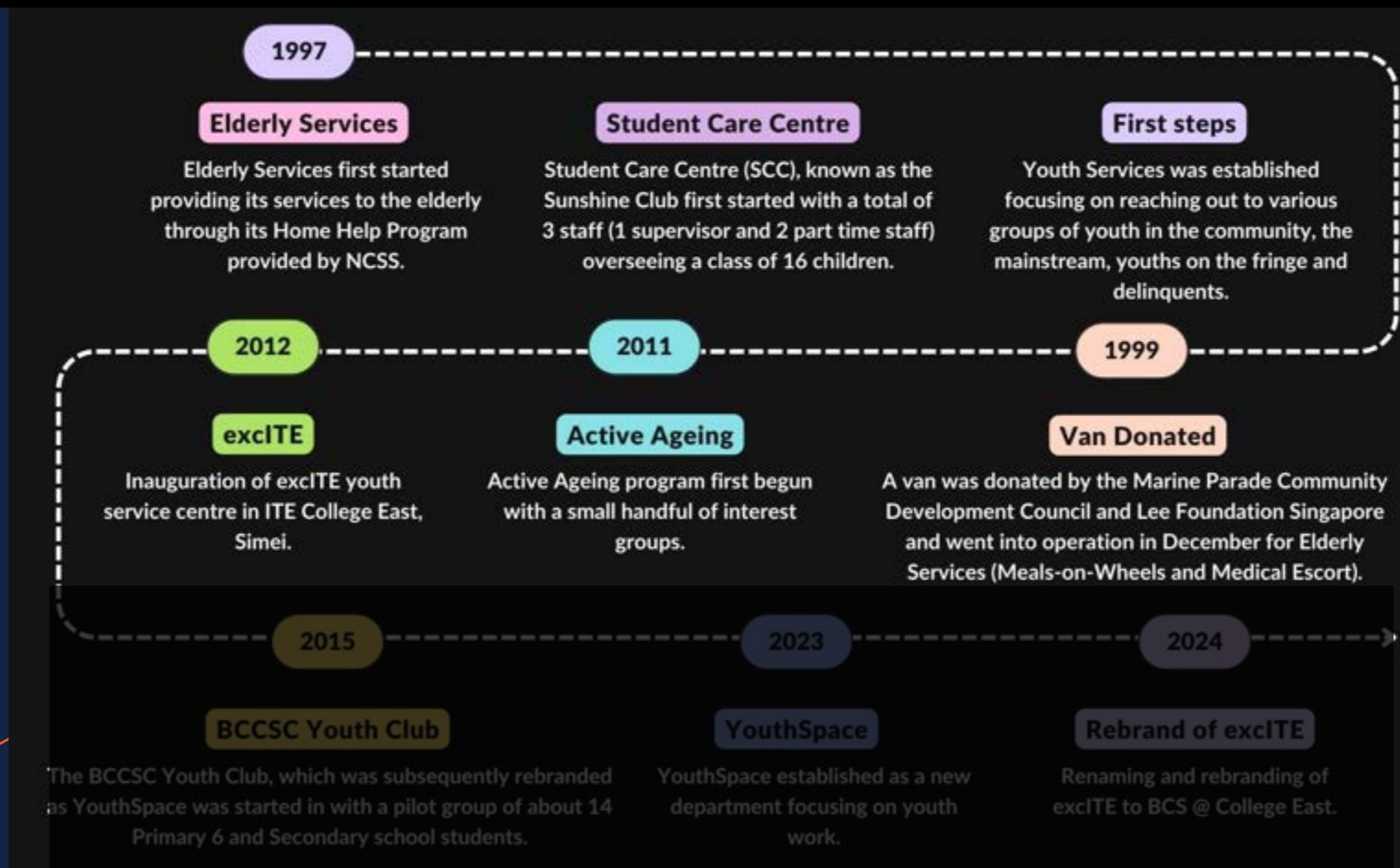
The BCCSC Youth  
as YouthSpace  
Primary



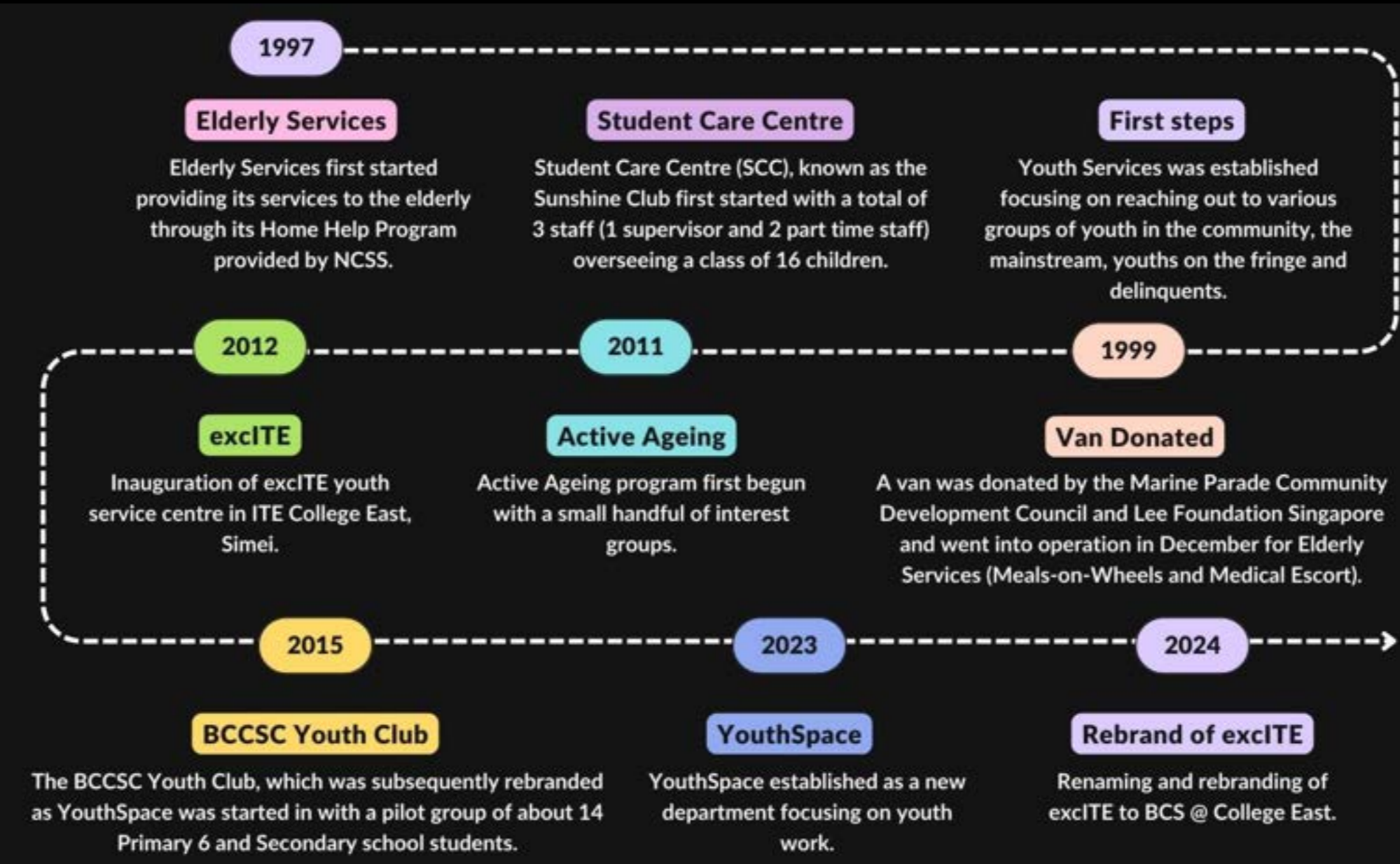
# TIMELINE



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**IMPACT FIGURES**

FY 2023/2024

3,962

**Beneficiaries served & outreached**

\$202,802

**Worth of assistance disbursed**

400 Seniors  
engaged through Active Ageing Programme

356 Seniors  
served by Elderly Services (MOW & MET)

565 Families  
and individuals assisted through Family Services

1228 ITE Youths  
reached through BCS @ College East events & programmes

1307 Youths  
engaged through YouthSpace events & programmes

106 Children  
Students enrolled in our student care centre  
*(3 students with special needs)*

**ELDERLY**  
SERVICE IMPACT FIGURES

756

Seniors cared for and engaged by our services

5762 Average no. of meals delivered per month. Highest record of 6569 meals delivered in Jan'24.

400 Seniors engaged regularly through our Active Ageing Programmes

356 served by Elderly Services (MOW & MET)

142 Average no. of MET trips completed per month (Highest record of 176 trips completed in July 2023)

226 Seniors on Meals-on-Wheels delivery service

224 Seniors on Medical Escort and Transport service

\$24,968

worth of BCS subsidies given out to help seniors on our MOW & MET services

\$12,927

worth of festive packs containing food & household items distributed



**FAMILY**  
SERVICE IMPACT FIGURES

**565**  
Families and individuals assisted

**190** Families & individuals assisted through Casework & Counselling

**205** Bursary Award recipients

**60** Students engaged through Lifeskills Workshops

**110** Participants at Family Connect events

WELFARE SERVICES  
**\$164,907**  
ASSISTANCE DISBURSED

**\$2,193** Roxy Fund (6 Families)

**\$5,763** Monthly Food Ration (32 Families)

**\$32,795** Assistance to needy (55 Families & Individuals)

Milk Scholarship (59 Students) **\$36,080**

AIWFC (50 Families) **\$18,376**

BCS Bursary Awards (2019-2023) **\$448,650**

1228

**ITE Youths engaged through activities & workshops**

171 Average no. of student engagements per month

56 Students engaged through Resilience Workshop

249 Students participated in Mind our Minds Programme

143 Students engaged through collaborative programmes with CCA groups

143 students engaged through corporate engagement, partnership programmes and events

**SUNSHINE CLUB**

**SERVICE IMPACT FIGURES**

106

Students enrolled in Sunshine Club

3

Special needs students

17

Students on MSF Comcare's Student Care Fee Assistance (SCFA)

**YOUTHSPACE**  
**SERVICE IMPACT FIGURES**

1307

**ITE Youths engaged through activities & workshops**

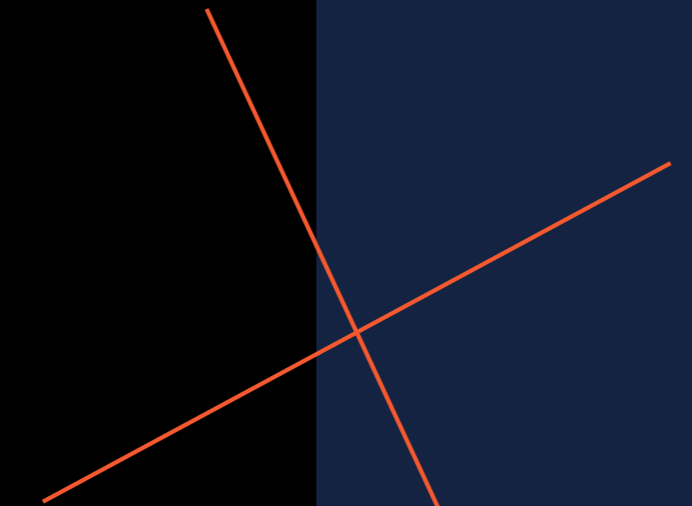
231	Average no. of youth engagements per month	24	Youth programmes implemented
79	Youths involved in weekly and monthly mentoring initiatives	95	Volunteer opportunities curated
896 Youths serving the community through YouthSpaceCares			

We received help from  
**1,854 volunteers**

397 Corporate Volunteers

338 Group Volunteers

1,119 Individual Volunteers



**DISTRIBUTION OF EXPENDITURE**



Children	\$587,151
Family & Youths	\$1,056,408
Elderly	\$1,499,863
Admin	\$709,117
<b>Total</b>	<b>\$3,852,539</b>

## Breakdown of Charity Dollar

For FY2023/2024, out of every \$1.00 spent, 81 cent went directly to fund programmes and activities that benefit our clients.

**The Lord has a special place  
in His heart for the poor**



**The Lord has a special place  
in His heart for the poor**

**James 1:27**

Pure and undefiled religion before God and the Father  
is this: to visit orphans and widows in their trouble,  
and to keep oneself unspotted from the world.





## The Lord has a special place in His heart for the poor



### Matthew 25:31-40

**31** When the Son of Man comes in His glory, and all the holy angels with Him, then He will sit on the throne of His glory.

**32** All the nations will be gathered before Him, and He will separate them one from another, as a shepherd divides his sheep from the goats.

**33** And He will set the sheep on His right hand, but the goats on the left.

**34** Then the King will say to those on His right hand, 'Come, you blessed of My Father, inherit the kingdom prepared for you from the foundation of the world:

**35** for I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in;

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### **Matthew 25:31-40**

**36** I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.'

**37** Then the righteous will answer Him, saying, 'Lord, when did we see You hungry and feed You, or thirsty and give You drink?

**38** When did we see You a stranger and take You in, or naked and clothe You?

**39** Or when did we see You sick, or in prison, and come to You?'

**40** And the King will answer and say to them, 'Assuredly, I say to you, in as much as you did it to one of the least of these My brethren, you did it to Me.'

**The Lord has a special place  
in His heart for the poor.**



**Isaiah 1:4, 16-17**

**4** Alas, sinful nation, a people laden with iniquity, a brood of evildoers, children who are corrupters! They have forsaken the LORD, they have provoked to anger the Holy One of Israel, they have turned away backward.

**16** Wash yourselves, make yourselves clean; put away the evil of your doings from before My eyes. Cease to do evil,

**17** learn to do good; seek justice, rebuke the oppressor; defend the fatherless, plead for the widow.

**The Lord has a special place  
in His heart for the poor.**



**Jeremiah 5:27-28**

**27** As a cage is full of birds, so their houses are full of deceit.  
Therefore they have become great and grown rich.

**28** They have grown fat, they are sleek; yes, they surpass  
the deeds of the wicked; they do not plead the cause,  
the cause of the fatherless; yet they prosper, and the right  
of the needy they do not defend.

**The Lord has a special place  
in His heart for the poor.**



**Leviticus 5:7, 11-12**

**7** If he is not able to bring a lamb, then he shall bring to the Lord, for his trespass which he has committed, two turtledoves or two young pigeons: one as a sin offering and the other as a burnt offering.

**11** But if he is not able to bring two turtledoves or two young pigeons, then he who sinned shall bring for his offering one-tenth of an ephah of fine flour as a sin offering. He shall put no oil on it, nor shall he put frankincense on it, for it is a sin offering.

**12** Then he shall bring it to the priest, and the priest shall take his handful of it as a memorial portion, and burn it on the altar according to the offerings made by fire to the Lord. It is a sin offering.



**Micah 6:8 (NIV)**

He has shown you, O mortal,  
what is good.

And what does the LORD  
require of you?

- To act justly, and
- to love mercy; and
- to walk humbly with your God.

A misty forest path with sunlight filtering through the trees. The path is covered in fallen leaves and leads into the distance. The trees are lush green, and the overall atmosphere is serene and peaceful.

## **To walk humbly**

- Posture
- Perspective

If you can start the day without caffeine

If you can always be cheerful, ignoring aches and pain

If you can resist complaining and boring people with your troubles

If you can eat the same food every day and be thankful for it

If you can understand when your loved ones are too busy  
to give you any time

If you can take criticism and blame without resentment

If you can resist treating a rich friend better than a poor friend





If you can face the world without lies and deceit

If you can overlook it when those you love take it out on you when,  
through no fault of yours, something goes wrong

If you can conquer tension without medical help

If you can honestly say that deep in your heart you have  
no prejudice against creed, colour, religion or politics

If you are truly grateful for every act of kindness

If you are truly loyal and faithful to those who love you.





Then, my friend,  
you are almost as good as  
your dog.



## TO ACT JUSTLY, TO LOVE MERCY



Biblical justice seeks  
to restore right relationships  
within society,  
in accordance with  
God's attributes of  
Righteousness and Equity.

**VIDEO #1:  
Madam Tan**







Biblical Justice is  
**RESTORATIVE**

## Biblical Justice is RESTORATIVE



### Leviticus 6:1-7

**1** And the Lord spoke to Moses, saying:

**2** “If a person sins and commits a trespass against the Lord by lying to his neighbor about what was delivered to him for safekeeping, or about a pledge, or about a robbery, or if he has extorted from his neighbor,

**3** or if he has found what was lost and lies concerning it, and swears falsely—in any one of these things that a man may do in which he sins:

**4** then it shall be, because he has sinned and is guilty, that he shall **restore** what he has stolen, or the thing which he has extorted, or what was delivered to him for safekeeping, or the lost thing which he found,

## Biblical Justice is RESTORATIVE



### Leviticus 6:1-7

**5** or all that about which he has sworn falsely. He shall **restore** its full value, add one-fifth more to it, and give it to whomever it belongs, on the day of his trespass offering.

**6** And he shall bring his trespass offering to the Lord, a ram without blemish from the flock, with your valuation, as a trespass offering, to the priest.

**7** So the priest shall make atonement for him before the Lord, and he shall be forgiven for any one of these things that he may have done in which he trespasses.”



**VIDEO #2: Nurul/Xuan**







## Kindness/Mercy is Empowering

**Ephesians 3:20** Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the **power** that works in us.

**Empowerment is Core  
to Christian Discipleship and  
to Christian Service**





**VIDEO #3: Uncle Goh**

BCS Awareness Week 2024

Breaking  
Barriers  
Building  
Bridges





## **Biblical Justice is Dignifying because it:**

- prohibits exploitation (***Deuteronomy 24:14-15***)
- protects livelihood – do not take as security the debtor’s tools of trade (***Deuteronomy 24:6***)
- enables new beginnings (***Deuteronomy 15:13-14***)
- allows the needy to work for their upkeep.  
No hand outs (***Deuteronomy 24:19-22***)



# The Good Samaritan





## The Good Samaritan: **Luke 10:25-27**

- Who is your neighbour?
- How much love for the neighbour?



**Proverbs 13:7 (NIV)** One person pretends to be rich,  
yet has nothing; another pretends to be poor,  
yet has great wealth.

- 2 interpretations
- Beware the presentation of hypocrisy
- Beware the deception and loss of a counterfeit faith,  
shorn of power and grace



**Proverbs 11:25**

The liberal soul shall  
be made fat: and he that  
watereth shall be  
watered also himself.  
**(KJV)**

**Proverbs 11:25**

The one who blesses  
others is abundantly  
blessed; those who  
help others are helped.  
**(MSG)**

## Proverbs 11:25

- The interdependence of the created world
- Showing justice and mercy/kindness awaken us to our own poverty
- Gives us comfort
- Makes us humble





**CONCLUSION**

**WHAT DO YOU  
WANT ME  
TO DO?**

# CONCLUSION

## **Micah 6:2-5 (NIV)**

**2** “Hear, you mountains, the LORD’s accusation; listen, you everlasting foundations of the earth. For the LORD has a case against his people; he is lodging a charge against Israel.

**3** My people, what have I done to you? How have I burdened you? Answer me.

**4** I brought you up out of Egypt and redeemed you from the land of slavery. I sent Moses to lead you, also Aaron and Miriam.

**5** My people, remember what Balak king of Moab plotted and what Balaam son of Beor answered. Remember your journey from Shittim to Gilgal, that you may know the righteous acts of the LORD.”



# CONCLUSION

## Micah 6:6-7 (NIV)

**6** With what shall I come before the LORD and bow down before the exalted God? Shall I come before him with burnt offerings, with calves a year old?

**7** Will the LORD be pleased with thousands of rams, with ten thousand rivers of olive oil? Shall I offer my firstborn for my transgression, the fruit of my body for the sin of my soul?



# CONCLUSION

## **Micah 6:8 (NIV)**

He has shown you, O mortal, what is good.  
And what does the LORD require of you?  
To act justly and to love mercy  
and to walk humbly with your God.





# CONCLUSION

**Deuteronomy 15:4 (NIV)** However, there need be no poor people among you, for in the land the LORD your God is giving you to possess as your inheritance, he will richly bless you ...



# Breaking Barriers Building Bridges

DELIVERING HOPE TO THOSE IN NEED

BCS AWARENESS WEEK

**17 AUG**  
SATURDAY 1830 - 2000 HRS

**18 AUG**  
SUNDAY 0930 - 1330 HRS

**25 AUG**  
SUNDAY 0900 - 1330 HRS

30 BEDOK NORTH AVE 3



## BCS AWARENESS WEEK

Find out more at the Hallelujah Quadrant.

SATURDAY

**17 AUG**

1830 - 2000HRS

SUNDAY

**18 AUG**

0930 - 1330HRS

SUNDAY

**25 AUG**

0900 - 1330HRS

[bit.ly/buildbridges2024](https://bit.ly/buildbridges2024)

Visit BCS Awareness Week campaign  
- Breaking Barriers, Building Bridges.