



## CELL GUIDE

TOPIC	Be a Blessing	SPEAKER	DSP Low Kok Guan
THEME	Can I Pray for You?	DATE	11 and 12 January 2025

# MESSAGE SUMMARY

## INTRODUCTION

What does it mean to be a blessing? For the Jewish people, blessings are seen as divine gifts — every blessing comes from God. Yet blessings are not just meant to be received but shared, calling us to reflect God's goodness in our actions and lives.

In this week's sermon, DSP Low Kok Guan guides us through the biblical understanding of what it means to "be a blessing" and how we can be a blessing to the people around us.

Blessings are a central theme throughout the Bible, appearing over 400 times in Scripture. From the beginning of creation, God's intention for His people is clear. He blesses us so that we may, in turn, be a blessing to others.

### 1) Blessed to Be a Blessing

In Genesis 1:22, God commands His people to "be fruitful and multiply." The Hebrew word for "blessed" (Barek) emphasises God's intentional favor and provision. This command to be fruitful is repeated throughout Scripture in Genesis 1:27:28. Similarly, in Genesis 9:1, He blesses Noah and his sons after the flood, instructing them to be fruitful and multiply. In Genesis 12:1-3, God calls Abraham to be a blessing, promising that his obedience will lead to fruitfulness and multiplication, ultimately making him the father of a great nation.

This truth is also seen in Psalms 1:1, where the Hebrew word "Asre" describes blessings that come when we align ourselves with God's will and follow His ways. We are reminded that we are a blessing because God has first blessed us.

In the New Testament, blessings is centered on God's kingdom and the sacrifice of Christ:

- Matthew 5:3 introduces "Makarioi," a Greek term for blessedness that conveys joy, strength, and spiritual abundance. Jesus teaches that recognising our dependence on God brings us into the kingdom of God — a place of ultimate blessing.
- Matthew 5:12-15, Jesus reminds us of our identity as salt and light. Salt preserves and flavors, representing how we are called to bless the world through who we are. Light cannot be hidden. So, we must shine to bless others and point them to God.

Ultimately, all our blessings and good deeds should lead others to glorify God because knowing Him is the greatest blessing anyone can receive. As we live as salt and light, God's blessings flow through us, touching the lives of those around us.

## 2) How Can We Be a Blessing?

God desires for us to live as blessings to others, not just in our actions but prayerfully and from the heart. When we pray for and bless those around us sincerely, people will see and experience the love of God through us.

As we approach this Chinese New Year, we have provided red packets and orange bags that we can use to bless our relatives and friends. So, how can we be a blessing to someone this year? It can be towards our neighbour, our colleagues, our friends and even family members.

God is with us (John 3:16), and He desires to bless those around us through our willingness to serve and love them. Let this be the year we intentionally ask, "How can I be a blessing?" and act upon it with a heart full of grace and dependence on God.

## CONCLUSION

We are called to be a blessing because we have been blessed by God. His abundant love and grace flow through us so that we can extend it to others. As we go about our lives, let us carry this truth in our hearts: because God has blessed us, we are able to bless those around us. So let us step out in faith, pray intentionally, and bless others, knowing that God is with us, and He can bless the people around us through us. The question is, are we grateful for the blessings God has given to us and are we willing to be obedient to His call?

# QUESTIONS

1. What is one way you have experienced God's blessings in your life recently? How did you feel?

2. When do you struggle the most to bless others? What are some challenges you face when it comes to being a blessing?

3. In what ways can we intentionally be a blessing to the people around us this year? Think of 1-2 people in your lives whom you want to specifically bless. Pray for one another